

TN Dementia Action Collaborative

WHY?

A Clear Need for Action

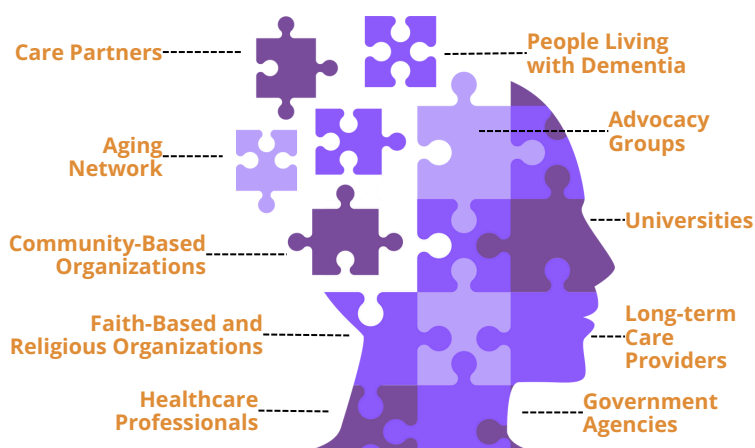
- In TN, Alzheimer's disease (AD) is the **7th leading cause of death**.
- **129.2k** individuals aged 65 and above are diagnosed with AD and projections indicate a rise to **140k by 2025**.
- Studies show that targeted interventions addressing modifiable risk factors* could **prevent or delay almost 40%** of all Alzheimer's disease and related dementia (ADRD).
- A staggering 369k unpaid caregivers invest 4.99 million total hours in caring for family members of origin (mom, dad, brother, sister, grandparent, etc.) and their chosen family (congregation member, neighbor, close friend), amounting to an **estimated \$7.8 billion worth of unpaid care**.

**Traumatic brain injury, depression, diabetes, hypertension, obesity, smoking, hearing loss, air pollution, education level, alcohol consumption, physical inactivity, and social contact.*

WHO?

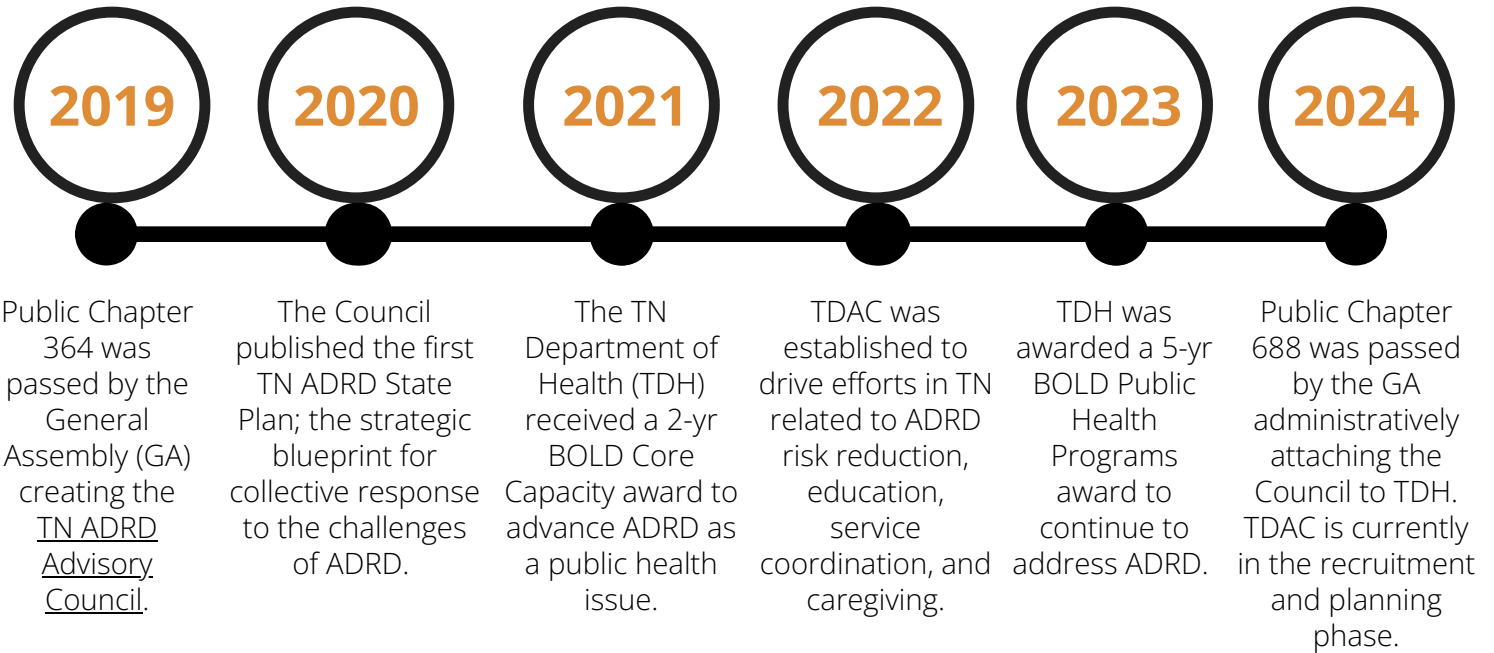
Together we Can do so Much

Collaborating effectively is vital to help individuals with ADRD, as well as their families and caregivers, to live their lives to the fullest. TDAC actively involves a range of partners to cultivate a state that is more supportive and understanding of dementia.



[linkedin.com/company/TNDAC](https://www.linkedin.com/company/TNDAC)

WHAT?



HOW?

5 TDAC Workgroups:

- Dementia Education & Awareness
- Dementia Caregivers
- Dementia Workforce
- Research, Data Evaluation, & Surveillance
- Dementia Policies & Partnerships

 **Become a member today!**



Advancing Together

TDAC works independently of the Council but in alignment with the recommendations in the **ADRD TN State Plan**.

Goal 1: Educate and empower TN to be dementia-aware.

Use evidence-informed practices to increase awareness about brain health, cognitive decline, diagnosis, and disease management.

Goal 2: Support and empower persons with dementia and their caregivers.

Improve accessibility to home and community services for persons living with ADRD and their caregivers.

Goal 3: Ensure an adequately prepared workforce.

Train healthcare professionals, public health staff, and community, faith, and religious leaders to ensure high-quality, person-centered care and support for persons living with ADRD and their caregivers.

Goal 4: Research, monitor, and evaluate. Identify and evaluate health disparities and trends related to dementia to guide targeted interventions.

Goal 5: Develop policies and mobilize partnerships.

Leverage partnerships to establish comprehensive services and policies to cultivate supportive communities and workplaces.